

Grŵp Trawsbleidiol ar Diabetes Cross Party Group on Diabetes

18.01.23. 12:15 – 13:15

Minutes

Cadeirydd | Chair: Jayne Bryant MS

Is Cadeirydd | Vice Chair Rhun ap Iorwerth MS

Ysgrifennydd | Secretary: Diabetes UK Cymru, Mathew Norman, Policy & Public Affairs Manager

Ymddiheuruadau | Apologies:

- Rhun ap Iorwerth MS – Rhys Jones from his office is in attendance
- Tess Saunders, RCPOD

Presenoldeb | Attendance

- Jayne Bryant MS

Agenda:

Time Amser	Pwnc	Topic
12:30	1. Cyflwyniadau	1. Introductions
12:35	2. Materion yn codi o'r cyfarfod a gynhaliwyd ar 12 Hydref 2022.	2. Matters arising from 12 th of October 2022 meeting.
12:40	3. Gwasanaethau 'Cilio' – Adroddiad Gwasanaeth 'Cilio' Diabetes Cymru Gyfan Ionawr 2020 – Mawrth 2022	3. Remission Services – All Wales Diabetes Remission Service Report Jan 2020 – March 2022
13:00	4. C&A	4. Q&A
13:10	5. Drafodaeth Agored: Cyflwr presennol gofal diabetes yng Nghymru, llywodraethu yn y dyfodol a datganiad ansawdd sydd i ddod.	5. Open Discussion: Current state of diabetes care in Wales, future governance and imminent quality statement.
13:25	6. UFA	6. AOB
13:30	7. Cau	7. Close – We have agreed dates now for the next 2 CPGs

1. Cyflwyniadau | Introductions (5 min)

<ul style="list-style-type: none"> • Ymddiheuriadau • Cyflwyniad cyflym gan fynychwyr. 	<ul style="list-style-type: none"> • Apologies <p>Rhun ap Iorwerth MS Sam Kurtz MS</p> <ul style="list-style-type: none"> • Quick introduction by attendees. <p>Lee Gonzalez, Office of Joel James MS Rob Lee, Vice Chair of AWDPRG Rachel Burr, Director of DUK Cymru Emma Burke, Stroke Association Rob French, Cardiff University Sara Crowley, Diabetes Transitional Care National Coordinator Doyle Rayland Owen Jones, Office of Jayne Bryant MS Wendy Gayne, All Wales Patient Reference Group on Diabetes Nirupa D’Souza Tess Saunders, RCPOD Tracy Wiggham, Cardiff and Vale UHB- Child Health Chris Cottrell, Diabetes Education/ThinkGlucose Lead & DSN Julia Platts, Clinical Lead, Cardiff and Vale UHB. Mark Isherwood MS Joel James MS Dr Altaf Hussain MS Jayne Bryant MS, Chair Mathew Norman, Diabetes UK Cymru, Secretariat</p>
--	---

2. Materion yn codi o'r cyfarfod a gynhaliwyd ar 12 Hydref 2022 | 2. Matters arising from 12th of October 2022 meeting (10 min)

<ul style="list-style-type: none"> • Llythyr a anfonwyd at y Dirprwy Weinidog Lynne Nealge MS i dynnu sylw at ganlyniadau'r arolwg/ymchwil i gefnogi galwadau am fynediad ac ymwybyddiaeth bellach o wasanaethau iechyd meddwl yng Nghymru. 	<ul style="list-style-type: none"> • Letter sent to the Deputy Minister Lynne Nealge MS to highlight the survey/research results to support calls for further access and awareness of mental health services in Wales.
--	---

<ul style="list-style-type: none"> • Digwyddiad 21ain Peter Baldwin yn y Senedd yn llwyddiannus, diolch i Jayne Bryant AS am noddi'r digwyddiad ac i'r rhai oedd yn bresennol am fynychu. <ul style="list-style-type: none"> ○ Lansiad Astudio ELSA ○ Ddiweddariad Ymgyrch yr 4T 	<ul style="list-style-type: none"> • Peter Baldwin's 21st Event in the Senedd a success – thanks for Jayne Bryant MS for sponsoring the event and for those present in attending. <ul style="list-style-type: none"> ○ ELSA Study Launch ○ 4Ts Campaign Refresh
--	--

3. Gwasanaethau 'Cilio' – Adroddiad Gwasanaeth 'Cilio' Diabetes Cymru Gyfan Ionawr 2020 – Mawrth 2022 | Wales Diabetes Remission Services Report Jan 2020 – March 2022 (20 min)

<ul style="list-style-type: none"> • Cyflwyniad gan Catherine Washboork-Davies, Arweinydd Maeth a Dieteg Cymru Gyfan ar gyfer Diabetes. 	<ul style="list-style-type: none"> • Presentation from Catherine Washboork-Davies, All Wales Nutrition & Dietetic Lead for Diabetes. • – Presentation and handouts will be circulated after the CPG. <p>It was noted that:</p> <ul style="list-style-type: none"> - Weight management is effective for type 2 diabetes prevention and remission. - The DiRECT study showed that an intensive weight management program led to 46% of participants achieving type 2 diabetes remission. - The type 2 diabetes Remission Programme in Wales was implemented as a pilot project involving four university health boards. - At the end of the 12-month intervention, 62% of patients achieved remission, and 79% showed improvements in diabetes control. - Weight loss offers health benefits and can reduce the risk of developing conditions like heart disease and certain cancers. - The funding models for the programme in Wales will inform decisions regarding its sustainability and scalability. - The programme has the potential to reduce healthcare costs associated with diabetes management. - Further expansion and evaluation of the programme can improve type 2 diabetes care and support in Wales.
--	--

--	--

4. C&B | Q&A (10 min)

<ul style="list-style-type: none"> • Cwestiynau i DUK gan y mynychwyr yn bersonol ac ar-lein. 	<ul style="list-style-type: none"> • Questions to DUK from the attendees in person and virtually. <p>Members asked of the potential savings of the programme for the NHS, it was noted that although a cost analysis had not been conducted, the cost savings to the NHS would be beyond that of the drugs alone. The long-term impacts of type 2 diabetes can have severe health complications, and by delaying / deferring the condition until later in life, remission can prevent these complications from occurring/reducing the severity. Therefore the impact would not only be felt in matters such as surgery, but also in support and care for patients losing limbs or sight from diabetes complications.</p> <p>Members asked if the programme was Wales-wide, it was noted that this was a pilot and although conducted just before and ended during the pandemic, the results indicate an effective programme which could be rolled out further. The business case has been proposed to the Welsh Government with several options from doing nothing to a full rollout.</p> <p>Members asked why the focus on older people, why not younger people? It was noted that the usual age for new diagnosis for type 2 tends to be older, (although that is currently being challenged as cases are now found in younger people). However, the key to the programme is to find people at risk and before or just after diagnosis of type 2 diabetes. Associated conditions such as obesity are also generally prevalent later in life and most likely present as pre-diabetic. Therefore at this stage, the current cohort would be the main aim of</p>
--	--

	<p>the programme. Research has shown that with a weight loss of 10kg for people with a high BMI, this is generally where remission is achieved.</p> <p>Members asked if it is known of where the future funding would come from, ahead of the NHS Executive changes. It was unclear where the future funding would be secured.</p> <p>Members asked if the pandemic was a benefit or hindrance to the programme. It was noted that it was a mixed result, with the inability to socialise and eat out, some found the programme easier to follow. Others found it more difficult as they were unable to be around peer groups and friends who would support their efforts.</p>
--	--

5. Drafodaeth Agored: Cyflwr presennol gofal diabetes yng Nghymru, llywodraethu yn y dyfodol a datganiad ansawdd sydd i ddod. | Open Discussion: Current state of diabetes care in Wales, future governance and imminent quality statement. (20 min)

<ul style="list-style-type: none"> • Bydd pawb sy'n bresennol yn rhannu eu pryderon a'r wybodaeth ddiweddaraf am ofal diabetes yng Nghymru. Gallai'r drafodaeth arwain at gamau i'r grŵp eu cymryd a/neu Ddiabetes UK Cymru. 	<ul style="list-style-type: none"> • All attendees will share their concerns and updates for diabetes care in Wales. The discussion could lead to actions for the CPG to undertake and/or Diabetes UK Cymru. • Director of Diabetes UK Cymru opened the discussion. <p>Matters raised for further areas of discussion/review:</p> <ul style="list-style-type: none"> • Preventative Strategy, especially type 2 diabetes in children and young adults. • Future of obesity policy and Healthy Weight Healthy Wales • Promotional items and bans on certain products being advertised
---	---

	<ul style="list-style-type: none"> • Implication of drinking and energy drinks on diabetes • Mark Isherwood MS asked whether a joint meeting of the APPG on Diabetes in the House of Commons could be considered. • Tech use in Wales was discussed as well as the need to learn its uptake in Wales. • Learning of future programmes under threat of loss of funding from the changes to the NHS Wales Executive. • Mental health and diabetes care • Type 1 diabetes in Children and their care. <ul style="list-style-type: none"> • The Chair suggested that the CPG should look to review the State of the Nation of Diabetes Services in Wales and look to hold an inquiry to collect data to feed into a CPG report. • The next 2 CPGs have been arranged and we can arrange the third and dedicate 3 CPG meetings to conduct the inquiry. • The inquiry will take into account the Quality Statement and how diabetes care will be delivered and prioritised in Wales. • This will be followed by a Senedd Event to present the report on World Diabetes Day 2023 which is on Tuesday the 14th of November.
--	---

6. AoB

<ul style="list-style-type: none"> • Chwefror 15fed Digwyddiad Ymchwil Diabetes ac Addysg a noddir gan Carolyn Thomas MS. • Arolwg Diabetes yn Ddifrifol i'w lansio ar ddiwedd y mis a bydd yn 	<ul style="list-style-type: none"> • February 15th Diabetes and Education Research Event sponsored by Carolyn Thomas MS.
--	--

<p>rhedeg hyd at 25 Chwefror. Cadwch olwg am hynny.</p>	<ul style="list-style-type: none">• Diabetes is Serious Survey to launch at the end of the month and will run until the 25th of February.
---	--

7. Cau |Close

<ul style="list-style-type: none">• Dyddiadau yr cyfarfod nesaf yw:<ul style="list-style-type: none">○ 26.04.23○ 28.06.23• Ewch ag unrhyw fwyd dros ben yn ôl gyda chi i'r swyddfa/cartref os yn bersonol	<ul style="list-style-type: none">• Next meeting dates are:<ul style="list-style-type: none">○ 26.04.23○ 28.06.23 <p>Same room and place today Ty Hywel C & D and will be hybrid</p> <ul style="list-style-type: none">• Take any left-over food back with you to office/home if in person
---	---